

Your Dental Plans for Columbia County

	Dental Plan Name	Capitol Dental Care	ODS Community Health
Service Areas and Phone Numbers	Dental Plan Phones	(503) 585-5205 or 1-800-525-6800. TTY: 1-800-735-1232 or 1-800-855-1155.	(503) 243-2987 or 1-800-342-0526. TTY: (503) 243-3958 or 1-800-433-6313.
	Primary Care Dentist Locations	Astoria Clatskanie	Clatskanie

Tips to help you choose the OHP Medical and Dental Plan that is right for you

- Call the Plans you are interested in and ask questions about things that are important to you.
- Find out which doctors, clinics, hospitals, pharmacies and mental health arrangements you and your family will have to use if you join the Medical Plan. Find out if they are located near you.
- Find out which dentists you will have to use if you join the Dental Plan. Find out if they are located near you.
- Do you or a family member have a clinic or PCP (Primary Care Provider, for example, personal doctor or nurse) that you go to? Call and ask which Medical Plan your PCP or clinic belongs to.

- Some Medical and Dental Plans have different rules about using specialist doctors. These rules can affect your use of referrals and other services. Call the Plan's Member Services to find out if the Medical and Dental Plan rules for specialist care meet your needs.



Comparison charts are also available on OMAP's Web site at:
http://www.dhs.state.or.us/healthplan/data_pubs/planlist/main.html

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Comparison Chart Columbia County

Your guide to choosing Oregon Health Plan (OHP) Managed Care Plans



Use this chart to help you choose an OHP Medical Plan and Dental Plan. Fill in your Medical and Dental Plan choices on your OHP application.

When you apply for the OHP, you may need to choose an OHP Managed Care Plan.

Your OHP Managed Care Plan will coordinate all of your health care needs. With managed care:

- You and your family have guaranteed access to health care, 24 hours a day, 7 days a week,
- Your health care records are kept in one place to give you and your family better service, and
- Your Plan covers a "basic" set of services.

Choosing OHP Medical, Dental and Mental Health Plans

Every family member must be in the same OHP Medical Plan. However, each family member can have a different Primary Care Provider (PCP), for example, personal doctor or nurse.

Every family member must be in the same OHP Dental Plan. However, each family member can have a different Primary Care Dentist (PCD).

Open this guide to see Medical Plan comparisons. Turn it over to see Dental Plan comparisons.

You do not have to choose a Mental Health Plan. One will be assigned to you based on the OHP Medical Plan you choose.

All Medical, Dental, and Mental Health Plans must provide the same basic services.

Choose your OHP Medical and Dental Plan carefully because...

You are not allowed to change Medical or Dental Plans until you reapply, unless you have a special reason.

All Plans are **not** alike, even though all cover the same basic services.

If you have Medicare coverage...

Some OHP Medical Plans are also contracted with Medicare to be Medicare Advantage Plans. If you have Medicare coverage and you choose an OHP Medical Plan that lists a Medicare Advantage Plan, you will be required to join that Plan's Medicare Advantage Plan.

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Your Medical Plan for Columbia County

Medical Plan Name	CareOregon
Medical Plan Phone Numbers	(503) 416-4100 or 1-800-224-4840. TTY: (503) 416-3700.
Contracted Hospitals	Astoria: Columbia Memorial; Forest Grove: Tuality Forest Grove; Hillsboro: Tuality Community; Portland: Doernbecher/OHSU, Legacy Emanuel, Providence St. Vincent; Longview, WA: St. John's Medical Center
Primary Care Provider Locations	Clatskanie, Scappoose, St. Helens, Vernonia; Longview, WA
Pharmacy Arrangements	Fred Meyer, Hi-School, Rite Aid, Safeway, Semling's; 2 other local pharmacies
Mental Health Arrangements	Greater Oregon Behavioral Health, Inc. (503) 397-5211 or 1-800-294-5211. TTY: 1-800-399-7335.
Quality Survey Results	
Getting needed care Members found a PCP and got referrals to specialists.	★★
Getting care without long waits Members got appointments easily, did not have a long wait in the reception area, and got help on the phone.	★★
Doctor's communication Members had a doctor who listens, explains, shows respect and spends time with them.	★★
Courtesy of doctor's office staff Doctors' office staff are courteous and helpful.	★★
Medical Plan's customer service Members got helpful information and paperwork.	★★

★★★ Above Average ★★ Average ★ Below Average

About the Medical Plan Quality Survey

The Office of Medical Assistance Programs (OMAP) manages the Oregon Health Plan. OMAP asked an independent, outside company to do a survey to find out what adults and children think of their Medical Plan and medical care. The survey asked about things that only patients can answer, such as whether it's easy to get the care they need.

People young and old, well and sick, of different cultures, from all over Oregon answered questions about their Medical Plan and care. Adults were asked about their care; parents were asked about their child's Medical Plan and care.

See the full survey results at www.dhs.state.or.us/healthplan/data_pubs/reports.html