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Myths, misconceptions, and superstitions about spiders



Spider bites

insects and other invertebrates.

When a person gets too close to a spider, they may be bitten. Spiders bite people in self-defense. They otherwise have no interest in biting something they can't eat, particularly something that is likely to squash them. Normally people are not bitten unless they actually come in contact with a spider. People may be bitten when they place a hand on a spider (for instance, upon one sheltering in a wood pile or behind furniture or some boxes) or if they put on clothing or footwear that has a spider sheltering in it. Even if a spider bites you there is chance that it will be a "dry" bite, meaning there is no venom. If you do receive a venomous bite, the amount of toxin will vary from spider to spider, even bites within the same species. According to at least one arachnologist, spider bites are not very common. You are not likely to receive more than one or two bites in a lifetime.

The black widow, the hobo spider, and the yellow sac spider are of interest in Oregon because they occasionally enter homes and may bite people. Black widow bites should always be treated as potentially serious. Reactions from the bites of hobo spiders and yellow sac spiders are not well documented. Recently, questions have been raised as to whether hobo and yellow sac spider bites are truly dangerous. Some researchers believe that the symptoms associated with presumed bites from these spiders really have other causes. Since no one knows for sure, we believe it is best to treat suspected bites from hobo spiders (and to a lesser degree, those from yellow sac spiders) as potentially serious. A fairly well known poisonous spider, the brown recluse, *Loxosceles reclusa*, does not occur in Oregon, despite reports to the contrary. Most spiders in Oregon, even those most likely to be found in homes, are not known to be dangerous. Rarely, serious systemic ("allergic") reactions from spiders can occur.

If a spider bites you try to save it for identification. Having the spider identified will help to determine what type of treatment you need. Spiders can be brought to or mailed to identifiers at ODA, Oregon State University's Insect Clinic, local OSU extension offices, or to Oregon Health Sciences University (OHSU), as detailed below. OHSU is asking anyone that has been bitten by a spider to save the spider

and follow their instructions. To take part in this research call the Oregon Poison Control Center at 800-222-1222 to report a bite and receive instructions about how to mail the spider to OHSU.

Please follow these tips on saving and mailing a spider for identification:

- If possible don't crush the spider.
- To kill the spider either place it in a container and put it in the freezer or submerge the spider in rubbing alcohol in a small leak proof container.
- To prepare a frozen spider for the mail be sure the spider is kept in a container with tissue paper to prevent it from rattling around and getting broken. Allow for a lot of airflow in the container if the spider is not completely dry because it will rot (poke some holes in the container if necessary). Spiders mailed in rubbing alcohol need to be in leak proof containers. All spiders mailed need to be in crush proof containers (such as film canisters or pill bottles).
- Do not send live spiders to identifiers in containers that you can't see through the identifiers are not expecting a live spider so they could be bitten if they open the container.

Oregon Poison Control Center

<u>Oregon Poison Control Center news release</u> <u>Oregon Poison Control Center's spider bite research project (pdf, 123 KB)</u> <u>spider bites in Wikipedia</u>



How to avoid spider bites

Although most spiders are not harmful and bites are not common, there are steps you can take to avoid being bitten indoors and out. Below are a few tips to follow to reduce the number of spiders in the home:

- make sure any small cracks and openings to your home are well sealed
- remove spider webs from the foundation, eaves, windows, and door frames of your home install good windows spreams
- install good window screens
- install rubber, plastic or brush gaskets underneath doors that lead outdoors or into garages and basements
- seal gaps in window frames with weather stripping, wood putty, or sealant; seal gaps around plumbing with construction foam
- watch for spiders if you bring firewood, potted plants, or other objects in from outside
- vacuum regularly and vacuum any visible spiders
- · keep bedding several inches above the floor
- shake clothes and shoes before wearing; shake your bath towels before using
- use spider traps (note: If not correctly placed, traps are not normally very effective but will trap and kill at least a few spiders. Traps are most effective when placed on the floor in dark corners and under furniture)

If you are outdoors follow these steps to protect yourself from spiders:

- · wear protective clothing such as gloves, long sleeved shirts, pants, and a hat
- look before placing your hands on objects such as firewood, pots, outdoor furniture, rock walls, etc.
- · keep wood piles, shrubbery, and other objects away from the outer walls of your home

Spraying pesticides is generally not very useful nor is it generally necessary. Most of the time, shortterm relief is all that is achieved since most of the available pesticides are effective for relatively brief periods and afterwards new spiders move in to replace those that were killed. Realistically, although it may not be comforting to realize, our homes are "islands in a sea of spiders." Professional pest control may be helpful in a few circumstances.



Hobo (Tegenaria agrestis) & giant house spiders (T. gigantea)

The most common spiders submitted for identification at ODA are hobo and giant house spiders. Both spiders were accidentally introduced from Europe. They can be found wherever people live in Oregon. This is because they prefer living in and around homes and because they "hitchhike" on people's belongings when people move. Most of these spiders are found in the late summer through early fall because the males have emerged from their normal shelters to look for females with which to mate. When these spiders are seen in homes they are usually somewhere on the floor, but they can also be

found on walls and ceilings or in cabinets, tubs, and showers. These spiders do not make obvious webs and search for prey at night.



male hobo spider

In Europe, the hobo spider and all other related species are considered harmless. In the northwest US Hobo spiders have gained the reputation as being dangerous. They are often referred to as "aggressive house spiders." This is not true – they are no more aggressive than any other spider. That misunderstanding is based on a misinterpretation of the scientific name (which is in Latin, as are most scientific names), *Tegenaria agrestis*, where "agrestis" has been thought to refer to "aggressive." In Latin, "agrestis" actually refers to "fields" where hobo spiders can often be found.



male giant house spider

It is often very difficult to tell hobo spiders and giant house spiders apart. Adult giant house spiders are larger than hobo spiders, especially the males. However, spiders grow gradually so that a young giant house spider may be smaller than an older hobo spider. Also, a poorly fed or "sickly" giant house spider may never grow to full size. Otherwise, these spiders look very similar. Identifiers familiar with these spiders know how to tell them apart, but this often requires examination under a microscope. If you suspect you have hobo spiders in your home or have been bitten by one, you should get specimens (safely!) and bring or mail them to one of the agencies mentioned under "Spider Bites."



The western black widow spider (Latrodectus hesperus)

Black widow spiders are most common in southwestern and eastern Oregon. They are much less so in northwestern Oregon, although they are present, most often on south facing slopes that are rocky and bare of dense trees. On occasion, they are found in houses in the Willamette Valley. For instance, one was brought into the ODA from a house in Salem. They can also hitchhike when people move from other parts of Oregon to areas where black widows are uncommon. Black widows prefer dark places such as garages, basements, and crawl spaces. They make messy looking webs in tight corners and crevices near the ground or behind and underneath furniture or other items. Once they make a web, they rarely leave it unless disturbed.



Black widows are the most poisonous spiders in Oregon and the

USA. Even so, the amount of venom received from a bite is not usually enough to cause a serious reaction in most people. Black

black widow spider

widow venom causes very different symptoms than those associated with hobo spider and yellow sac spider bites. It damages the nervous system, leading to symptoms such as abdominal muscle cramps, nausea, profuse perspiration, tremors, fever, labored breathing, and restlessness. These symptoms often last for only a few days. While black widow bites can be very serious, fewer than one out of a hundred of those bitten die. However, anyone who believes they've been bitten by a black widow should immediately seek medical attention.



underside of a female black widow

Female black widows are easily identified because they have a distinctive hourglass shaped bright red spot on the underside (not the top of) their abdomen. They also have a very round abdomen and are glossy black, with slender legs. Male black widow spiders are much smaller and differently colored and are rarely encountered. There are several Oregon spiders often found in or around homes that closely resemble female black widows, including the false black widow. However, false black widows are all black and do not have the red spot on the underside of the abdomen. As with hobo spiders, if you think you've been bitten by a black widow, try to save the specimen so an identifier can confirm whether that is so.



Yellow sac spiders

There are several hundred species of yellow sac spiders in North America. They are small spiders that are pale yellow to yellow green, with few other markings. Yellow sac spiders don't make webs but actively search for prey at night. These spiders can be found outside during the day in silken sacs under objects such as planters, firewood, and rocks and on plants in curled up leaves. When they enter homes (usually during cooler weather), they hide in white silken sacs where the ceiling meets the wall or other similar corner. These sacs are also often found along windowsills.

As with hobo spider bites, bites of yellow sac spiders have been reported to cause long term or severe tissue damage. However, also as with hobo spider bites, there have been few confirmed instances of yellow sac spider bites, let alone of those leading to these symptoms. According to one published report, 20 verified cases of yellow sac spider bites in the US and Australia showed no significant tissue damage. In addition, of 39 verified yellow sac spider bites in international literature there was only one case with



yellow sac spider

mild tissue damage from such a bite in Europe. One of ODA's staff was bitten by a yellow sac spider in Salem. The bite burned and was painful for a short time. A small, reddish welt eventually formed, which mildly itched and lasted for about a week. No further damage or symptoms developed. Of course, other people bitten may have different reactions. As with suspected hobo spider bites, the spider should be saved for identification and, especially if severe symptoms develop, medical attention may be advisable.

yellow sac spider photo: Joseph Berger, Bugwood.org



Other Oregon spiders

Some other spiders commonly found in and around Oregon homes include grass spiders (species of *Agelenopsis*), wolf spiders (species of *Pardosa*), the cellar spider (*Pholcus phalangioides*), crab or flower spiders (*Misumena vatia*), the false black widow (*Steadota grossa*), the folding trapdoor spider (*Antrodiatetus pacificus*), jumping or zebra spiders (the *Phidippus* with metallic fangs and *Salticus scenicus*), the writing spider (*Argiope aurantia*), the banded garden spider (*Argiope trifasciata*), and the cross spider (*Araneus diadematus*). Although some of these are quite large and may resemble poisonous spider resembles a small tarantula), none are known to have bites poisonous to people. A commonly encountered creature that resembles a spider, but is not, is the harvestman or daddy long legs (Phalangidae). Although these can be quite large and appear threatening, they cannot bite people, even though some people are firmly convinced they are poisonous.



Related links

<u>University of California IPM Online</u>--how to manage pests: hobo spider <u>How to identify (or misidentify) the hobo spider</u> (pdf, 395 KB) <u>spider bites in Wikipedia</u>



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