

OSBN Mission

The Oregon State Board of Nursing strives to safeguard the public's health and well-being by providing guidance for, and regulation of, entry into the profession, nursing education and continuing safe practice.

OSBN Board Members

Marguerite Gutierrez, RN
President • Pendleton, OR
*March 25, 2003–Dec. 31, 2005**

Celina Tobias, LPN
Secretary • Medford, OR
Jan. 1, 2004–Dec. 31, 2006

James McDonald, RN, FNP
Portland, OR
*Jan. 1, 2004–Dec. 31, 2006**

Rolf Olson, Public Member
Salem, OR
Jan. 1, 2003–Dec. 31, 2005

Beverly Shields, RN
Medford, OR
*March 25, 2003–Dec. 31, 2005**

Amoy Williamson, Public Member
Portland, OR
*Jan. 1, 2004–Dec. 31, 2006**

Sandra Theis, RN, PhD
Ashland, OR
*March 25, 2003–Dec. 31, 2005**

Jennifer Wagner, LPN
Eugene, OR
Jan. 1, 2004–Dec. 31, 2006

Janet Wright, RN
La Grande, OR
*March 25, 2003–Dec. 31, 2005**

** Serving 1st term/eligible for re-appointment*

Joan C. Bouchard, RN, MSN
Executive Director

Work Hours: What Counts?

According to Oregon statute, a Certified Nursing Assistant is a person who assists licensed nursing personnel in the provision of nursing care. A CNA must work under nurse supervision or monitoring by a nurse.

CNAs (and CMAs) who work in settings such as an acute-care or long-term care facility are supervised by licensed nurses on premises. "Supervision" in this case means that a licensed nurse periodically observes the skills and abilities of the CNA (or CMA) and evaluates whether the individual is able to perform the authorized duties. In other words, a RN or LPN must occasionally watch the CNA perform an authorized nursing assistant duty, and then evaluate whether the CNA is capable of performing that task safely.

CNAs also may work in settings where there is no regularly scheduled presence of a licensed nurse, but in which a Registered Nurse monitors the CNA. "Monitoring" means that a RN assesses and plans for the care of the client, delegates duties to the nursing assistant (according to Division 47 of the Nurse Practice Act), and monitors the client's outcomes as an indicator of the nursing assistant's competency.

CNA monitoring can occur in the following facilities:

- Adult foster homes.
- Assisted-living facilities.
- Child foster homes.
- Private homes.
- Public schools.
- 24-hour residential care facilities.

- Local corrections facilities.
- Lockups.
- Juvenile detention.
- Youth corrections facilities.
- Detoxification facilities.
- Other settings where a Registered Nurse is not regularly scheduled and is not available for direct supervision (by statute or rule).

It's the CNA's Responsibility

"We've received several calls lately from CNAs who are concerned whether their work hours will count toward renewal," says OSBN CNA Consultant Debra Buck. "And, I'm finding a few unfortunate common themes."

The problem is that CNAs who work in community-based care settings don't often see themselves as being monitored by a nurse, and RNs in community-based care don't recognize their role in monitoring the CNA.

CNAs can count the hours spent performing delegated tasks if the RN involved followed the proper delegation steps. However, it is the CNA's responsibility to ensure their work setting meets those requirements; otherwise, their work hours will not count for renewal.

"I received a call from a CNA who was working off a care plan that had been written by a program administrator who was not a RN," adds Buck. "The program did employ a RN, but the CNA had never met her. The

Continued on next page

CMA Volunteers Needed

CMA volunteers are needed for CMA Exam standard-setting session on June 23, 2005. If interested, contact Debbie Buck, CNA Program Consultant, at 503-731-4745, ext. 227.

Changing Your Name?

If you've changed your name since you last renewed your certificate, please notify the OSBN. We need written notice stating your previous name, new name, and certificate or social security number.

We also need a copy of your marriage license or the appropriate page of your divorce decree or court order. (You don't have to send the entire document—just the page that specifies your new name.)

Please send your written notice and supporting documentation to the OSBN office at:
800 NE Oregon St., Suite 465,
Portland, OR 97232.

Need an update on the CNA/CMA Standards of Care and Authorized Duties? Call the OSBN office at 503-731-4745 for a copy of the CNA Booklet or download a copy from our website at www.oregon.gov/OSBN and click on "Publications."

Meet Your Board Members

Two New Members Joined Board of Nursing in 2004

Amy Williamson, CPA, began a three-year term of office on the Oregon State Board of Nursing Jan. 1, 2004. She replaced Cora Smith and filled one of the two public member positions on the OSBN.

Williamson is currently a Senior Management Auditor for the City of Portland and has more than 25 years of experience as an auditor. She received her Associate Degree with honors from New York City Community College in Brooklyn, N.Y., and her Bachelor of Science in Management from Portland State University in Portland, Ore.



Williamson

James McDonald, RN, FNP, began a three-year term of office on the Oregon State Board of Nursing April 12, 2004. He replaced Mitch Boriskin in the nurse practitioner position.

McDonald currently works for the Multnomah County Health Department HIV Health Services Center and the Kaiser Health Plan Emergi-Center in Portland. He has 30 years of nursing experience, 23 years of which as a family nurse practitioner. He received his Bachelor of Science from the University of Oregon School of Nursing, Marquam Hill Campus, in Portland, Ore, and his Master of Science degree from Arizona State University in Tempe, Ariz.



McDonald

Work Hours

continued from page 1

hours that CNA spent working in that situation did not count for renewal."

"Delegation" means that a RN authorizes a CNA (or unlicensed person) to perform tasks of nursing care in selected situations and indicates that authorization in writing. To delegate, a RN must:

- assess the client in person;
- write a plan of care for that client;
- teach the CNA to perform the delegated task on the client and then watch the CNA perform the task on the client and evaluate the ability of the CNA to perform the task;
- document their rationale for delegating the task to the CNA; and,
- periodically visit the CNA & client to watch the CNA perform

the task to ensure the delegated task is still appropriate, or to make adjustments.

These steps are covered in more detail on the OSBN website (www.oregon.gov/OSBN, click on "Delegation & Teaching Information") and in Division 47 of the Nurse Practice Act.

The CNA Authorized Duties are found in Division 63 of the Nurse Practice Act (available on the OSBN website, or by calling 503-731-4745).

For more information, or if you have questions about whether your own work hours count for renewal, please e-mail Buck at debra.buck@state.or.us or call 503-731-4745, ext. 227, well before your certificate is due to expire.

Online Certificate Renewals Now Available

Convenient, Secure, No-fuss Renewals from the Comfort of Your Own Home

Certificate renewals are now available on the Oregon State Board of Nursing's (OSBN) website. CNAs and CMAs who are within their 60-day renewal cycle and meet the usual renewal requirements are eligible to use the new secure internet service.

To access the renewal site, visit the OSBN website at www.oregon.gov/OSBN, click on "Online License & Certificate Renewals," and follow the on-screen instructions.

Certificate-holders must have their certificate number, birthdate and Social Security number to log-in. Once they have answered the renewal questions, they may choose between paying for their license online with a credit card, or they may print their confirmation page and mail it to the OSBN with a check. Payments made online with a credit card are processed through a secure server to safeguard credit card information.

"CMAs who need continuing education should have that information handy when they log-in," advises Barbara Holtry, Public Information Officer.

The renewal application also features sections for CNAs and CMAs to update their employer information and their mailing address. Although the renewal feature is available only during a person's renewal cycle, they may access the employer information and mailing address sections at anytime.

Online License Verification Reminder

Nursing assistants and their employers also may check the status of certificates with the website's online license verification feature. Navigate to www.oregon.gov/OSBN, and click on "License Verification." This service is a



CMAs & CMAs who use the new online renewal feature will need to have their Social Security number, license number and birthdate to log-in to the secure system.

companion to our automated license verification phone line (503-731-3459). Both verification services are updated daily and provide a license's issue and expiration date, as well as any disciplinary action currently in effect that day.

Three Level-2 Training Programs Approved

The first three CNA level-2 Restorative Care training programs have been approved: Trinity Learning Center, Inc. in Milwaukie, Linn Benton Community College in Albany and New Care Directions in Portland.

CNA 1s who wish to apply for a level-2 training course may do so directly through the training program. When these applicants pass the level-2 competency evaluation, the training program will submit the course summary form containing the names of the new CNA 2s, along with the appropriate fees (\$5 per person), to the OSBN office.

CNA 1s who have previous restor-

ative care training, and wish to become a CNA 2, may need to take only a portion of the training program and take the competency evaluation.

"Only those facilities with level-2 training programs are authorized to conduct the level-2 competency evaluations," says CNA Program Consultant Debbie Buck, RN. The evaluation is comprised of two parts—a skill demonstration and a written exam—similar to the level-1 competency exam.

Buck cautions that becoming a CNA 2 is not required. "It is purely voluntary," she confirms.

As more programs are approved, they will be added to the CNA Train-

ing Program list available on the OSBN website (www.oregon.gov/OSBN and click on "Educational Programs").

CNA 2-Acute Care Task Force

The CNA 2-Acute Care task force is meeting now to develop the curriculum for Level-2 Acute Care training programs. The task force plans to present a proposed curriculum to the Board for initial approval during the September 22 Board meeting.

Arrangements for the CNA 2-Dementia Care task force are underway. For more information, contact Buck at debra.buck@state.or.us.

Licensee Names, Addresses Open to Disclosure

“Why does the Board of Nursing give my name and address to recruiters?” “I get so much junk mail... How can I make this stop?” Questions such as these—regarding the release of licensee names and addresses—are some of the most common received in the OSBN office.

The Oregon public records law requires the Oregon State Board of Nursing to disclose its licensee list to anyone who asks for it. Although names, addresses and telephone numbers are personal information, according to state law, disclosure of the name, address and telephone number of a licensee or person doing business with a public body is not an unreasonable invasion of privacy. This includes the names, addresses and telephone numbers of people in databases of public bodies, such as the OSBN.

CNA News

is published once a year by the OSBN to inform CNAs of current laws relating to nursing, OSBN policies and activities, and issues pertaining to the regulation of CNAs and education. Please call Editor **Barbara Holtry**, Public Information Officer, at 503-731-4745, ext. 265 with suggestions or comments.

One exception to this is the “personal safety exemption.” According to the public records law, a licensee may demonstrate to a public body that the personal safety of the individual (or a member of the individual’s family) is in danger if the home address or telephone number remains available for public inspection. For instance, if a licensee had obtained a restraining order to protect himself or herself, the licensee would have a compelling reason for exemption from the disclosure of their name, address or telephone number.

It is understandable that some licensees would prefer to keep their names and addresses private.

However, the annoyance of receiving junk mail does not qualify for exemption. “Unless the law is changed, there is little a licensee can do to prevent their name from being released,” says OSBN Public Information Officer Barbara Holtry.

For more information on Oregon’s public records law, visit the Oregon Dept. of Justice website at: www.doj.state.or.us/pros/mli.htm.

Board Meetings: You’re Invited!

OSBN board meetings are open to the public. Meeting times are generally 9 a.m.–5 p.m.

Upcoming Open Session dates in 2005 are: June 16, Sept. 22 and Nov. 17. Call the OSBN at 503-731-4745 for a copy of the agenda, or visit our website at www.oregon.gov/OSBN (click on “Meetings”).

CNA Program Staff

Debra Buck, RN, MS
Nursing Assistant Program Consultant

Kimberly Cobrain
Program Executive, Nursing Practice,
Investigations & Compliance

**Suzanne Bieg, RN; Pamela Louie, RN;
Elana Patel, RN, FNP; Lani Scarratt, RN;
Rick Sherbert; Jolene Smith, RN; and,
Lynda Tucker, RN**
Investigators–Advisors

DeWayne Hatcher
Licensing & Customer Service Manager

Jennifer Richardson
CNA Certification Technician

